



X-SHAPE DESIGN

DON'T WORRY THE DESIGN IS UNISEX AND CAN BE WORN BY ALL GENDERS!

INCREASE WEIGHT DIFFICULTY OVER TIME













OPTION TO ADJUST WEIGHT ACCORDING TO YOUR ROUTINE AND ABILITY



Adjustable Weighted Vest

Choose From 4 Available Vest Weight Ranges

4-10 LBS | 11-20 LBS | 20-32 LBS | 26-45 LBS



